

**Congratulations** on being invited to the **Harbor SEALS Program**! Please read the directions below and fill out all the information neatly.

Check all that apply:

☐

I'm interested in 'Tuesdays'  
SEALs Classes.

☐

I'm interested in Thursday's  
SEALs Classes

**A) Student Information:**

First Name \_\_\_\_\_

Last Name \_\_\_\_\_

e-mail \_\_\_\_\_

Advisory/Grade \_\_\_\_\_

Male \_\_\_\_\_ Female \_\_\_\_\_

**B) Guardian Information:**

First Name \_\_\_\_\_

Last Name \_\_\_\_\_

Signature \_\_\_\_\_

Telephone \_\_\_\_\_

Return to Mauricio Gonzalez' mailbox or  
room 120.

**Contact:**

**Mauricio Gonzalez**

[mgonzalez@newyorkharborschool.org](mailto:mgonzalez@newyorkharborschool.org)

**212.458.0800**

**ext. 1201**

**Room**

**120**

**THE URBAN ASSEMBLY  
New York  
HARBOR  
SCHOOL**



[www.HarborSEALS.org](http://www.HarborSEALS.org)

## New York Harbor SEALS

Welcome to the Harbor SEALS program at the NY Harbor School. The Harbor SEALS is an after school program dedicated to the scientific monitoring of the **Sea, Air, and Land** around the New York Harbor. This program is part of the **CTE Marine Biology Research Program** and has been designed for serious students who are highly interested in furthering their academic and physical fitness skills. The program will run on Tuesdays and/or Thursdays from 4:00 to 5:45pm. The purpose of Seals is to give students an opportunity to complement their academic training with real scientific research and rigorously structured physical exercise to further strengthen their body, mind, and spirit. In addition, students will take part in many field trips throughout the year including ocean sampling aboard school and other sea faring vessels, ecological studies near West Point, and professional development trips to College Open Houses and Internship/Job fairs. Students can build their resumes and college applications by joining the NY Harbor SEALS.



## REQUIREMENTS

- \* Have enthusiasm for learning
- \* Want to go to 4 yr. college
- \* Want to care for the Earth
- \* Want to develop team work + leadership
- \* Have ambition
- \* Be reliable + trustworthy



## WHY JOIN ?

- \* You will be recognized as a Citizen Scientist which you can add to your resume.
- \* You will learn with hands-on experiential lessons using professional equipment in the lab and field.
- \* You will embark on various field trips around the Hudson River Estuary.
- \* You will build your college application by being a part of our team. Colleges seriously look at your after school activities.
- \* You will have the option of learning martial arts to complement your academic education.
- \* You will learn in a safe, orderly, and bully-free environment.

## About the Instructor



Mauricio Gonzalez is a Marine Biologist and Research Educator. As an adjunct professor at SUNY Albany, he teaches college level research to students at the New York Harbor School. Mauricio has also studied Japanese Martial Arts since the year 2000. He holds a 3rd degree black belt in Kendo and a 2nd degree black belt in Aikido. He also studies Iaido and Jujutsu.